

## Notice to Self-Isolate Due to Presumed COVID-19 Positivity

Campus Name:	
Student Name:	
Today's Date:	
Nurse's Observations	

## Dear Parent/Guardian:

We are committed to the health and safety of all of our students and staff. We are sending your student home from school today to begin self-isolation because they are experiencing symptoms that are consistent with COVID-19. The purpose of self-isolation is to separate the infected individual from uninfected individuals and, as a result, limit the spread of the virus. We want to explain what happens now and when your student can return to in-person school. Here are your next steps:

- It is very important that your student gets tested for COVID-19 or that they see a healthcare provider to be assessed for COVID-19. You can schedule a free COVID-19 PCR test by visiting this website: www.houstonemergency.org/covid-19-testing or calling the City of Houston Health Department for testing locations at (832-393-4220).
- If your student receives a negative PCR result or clearance from their healthcare provider, they can return to school as soon as the following is true:
  - You have provided evidence of their negative test result to the School Nurse.
  - They have not had a fever for 24 hours, without the use of fever-reducing medication
  - Their symptoms are improving.
- If your student receives a positive PCR result, you must keep them home for 5 days. During this time, your student may continue receiving instruction by attending HISD's Temporary Virtual Program. Access HISD's Temporary Virtual Program by visiting this website: https://www.houstonisd.org/HOME
  - Your student is eligible to return to school in-person on \_\_\_\_\_\_ if
    - o They are symptom free, and;
    - They have not had a fever for 24 hours, without the use of fever-reducing medication;
    - Your student must continue to wear a mask around others for 5 additional days.
- Your student must report to the School Nurse before returning to class.

Please call the school to speak with the nurse if you have additional questions. Thank you for your continued partnership and for being an important member of our school community.

School Nurse:	•
Phone Number:	•